

My Interests



- I enjoy expressing myself through art, music, or writing.
- I take things apart to see how they are made.
- I can usually convince people to get on board with my idea.
- I find following written instructions easy.
- I much rather make something than read a book.
- I enjoy leading a group of people.
- I enjoy the research part of my projects.
- I enjoy project that are hands-on.
- I would like a job where I can help and be around people all day.
- I like problem-solving games and puzzles
- I find using equipment and materials interesting
- Co-operating with others is not a problem for me.
- I prefer to know all the facts before I start problem solving.
- I prefer to work with machines than with people.
- I feel my best being around other people.
- I love facts and new ideas.
- Learning about new tools and techniques is engaging.
- I take the initiative to help others when they need it.
- I spend time reading about new topics
- Learning about new tools and techniques is engaging.
- I enjoy listening and exchanging ideas with others.

If you have checked off the most traits in this section you are an **INFORMATION** person! You enjoy expressing yourself through the arts, performing experiments, problem solving and enjoy reading and studying. Jobs that suit these traits can be found in business, entertainment, finance, scientific research, the arts, sales and service, tourism and in the government.



If you have checked off the most traits in this section you are **THINGS** (hands-on) person. You enjoy working with tools, equipment, machines and finding out how things work. Jobs that suit these traits can be found in trades, engineering, construction, technology, repair servicing and manufacturing.



If you have checked off the most traits in this section then you are a **PEOPLE** person! This means you enjoy caring for people and helping others. You would enjoy teamwork, supervising and leading. . Jobs most suited for people persons are found in education and training, healthcare, social work and counselling, and religion.



www.careersthathwork.ca



setyourownpace.org